



# DRONACHARYA



## 20-min Pranayam and Meditation Session by “Art of Living”.

With the current situation in India, and keeping in mind that Education - second-most important sector for us is battling to maintain the quality of student learning, we would like to propose a 20 minute Special 10-day ‘Breathing & Meditation’ session for senior educationists to help them in this crisis to keep their lung health and lower stress levels.

**Start Date : May 1, Saturday (10 days)**

**Time: 7:40 - 8:00 AM**

Click here to join via google link : <http://tiny.cc/aicte-breath>

[www.dronacharya.info](http://www.dronacharya.info)