



**DRONACHARYA**  
College of Engineering



# INTERNATIONAL DAY OF YOGA 2026



Celebration of Yoga Week

14<sup>th</sup> - 21<sup>st</sup> June, 2026

The Theme for IDY 2026 is  
**YOGA FOR HEALTHY AGEING**

GUEST:

**Dr. Sambhu Dayal Sharma**

Ph.D (Yoga), Alumni NIT Kurukshetra,  
IIM Kolkata, Ex-CEO NECL



Organized By:

**NSS Cell and Yoga  
Club-DCE Gurugram**

